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## The Shredded

**slow-cooker greek shredded chicken recipe - hungry girl** - prep: 15 minutes slow-cooker greek shredded chicken 1/6th of recipe (about 3/4 cup): 193 calories, 6g total fat (1.5g sat fat), 362mg sodium, 6g carbs, 0.5g fiber, 2g sugars, 27.5g protein **go-to garlic 'n herb shredded chicken recipe - hungry girl** - prep: 10 minutes go-to garlic 'n herb shredded chicken 1/6th of recipe (about 3/4 cup): 143 calories, 3g total fat (0.5g sat fat), 413mg sodium, 1g carbs,